

Tech-Savvy Tarin

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Academics

Forest Grove High School, Class of 2XXX

GPA: 3.3 unweighted

Awards: Geometry Excellence Award (9th); 3D Design Award (10th), Mechatronics (12th)

Science

Mechatronics Camp, Counselor, (11th)

- Instructed a group of six students on how to build an ActivityBot 360° and 3D printer; oversaw the development process and monitored each student's knowledge of mechatronics over a 2-week period
- Assisted campers in using the Blockly application to build code for the ActivityBot 360°
- Toured PCC Mechatronics department to see: microorganisms under a microscope, a 3D printed tardigrade, wired a LED Display clock, learned about Mechatronics internships through PCC

App Camp 4 Girls, Student, (9th)

- Learned how to use Xcode to make an app
- Toured a local company campus and learned about working there

Athletics

Varsity Soccer, Defense, (10th-11th)

- Competed in playoffs sophomore and junior year

JV Soccer, Defense, (9th)

- Practiced every week and competed twice a week
- Won the "Most Versatile" award

Varsity Golf, Team Member, (10th-11th)

- Practiced every week
- Competed in districts

Varsity Track and Field, Sprinter, (9th)

- Ran the 100m, 200m, 400m, 4x1 relay, and 4x4 relay
- Placed second in receiving most wins out off all the girls in Track and Field

JV Tennis, Doubles, (9th)

- Practiced every week and competed regularly

Caring Carmen

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EDUCATION

Grant High School, Class of 2XXX
GPA: 3.75 weighted; 3.6 unweighted

ACTIVITIES

Movimiento Estudiantil Chicax de Aztlán (MEChA), *Member*, (10th-11th)

- Meet regularly to discuss how we can improve our presence in the school community, bring awareness to Latinx heritage, culture, strengthen our student body.
- Fundraise for club boosters and support for Latinx community in need, for example, those affected by unjust deportation.

ATHLETICS

Varsity Lacrosse, *Attack*, (9th-11th)

- Practiced every day after school for the lacrosse season (Late February to late May with the added two weeks possibility of playoffs).
- Competed for two, in the process of three, years of varsity lacrosse.
- Organized fundraisers: Oregon Food Bank, Shamrock Run, and Eastside Portland Lacrosse youth league

SERVICE

Rising Star Horse Farm, *Volunteer*, 750+ hours, (2nd-11th)

- Started out horseback riding and after three years switched to working with the miniature horses.
- Feed, exercise, and acclimate the horses; groom the miniature horses, and perform additional tasks as assigned.

Trillium Creek Training and Rehabilitation, *Camp Counselor*, 240 hours, (6th-11th)

- Teach children (ages 6-12) about horses: grooming, handling, safety, exercises, and feeding, during this week-long camp.
- Assist in the organization of the last night celebration in which families and campers spend the night and contribute to a big backyard gathering.

Oregon Food Bank, *Volunteer*, 20 hours, (10th-11th)

- Learn about the mission of the food bank and help package and organize food to distribute to families in need.

Shamrock Run, *Volunteer*, 24 hours, (9th - 11th)

- Encourage, assist, direct, cheer on runners. Set up or break down equipment.

Youth League Lacrosse, *Volunteer*, 10 hours, (6th - Present)

- Assist during clinics, practices, and games for young players.

Ashley Activist

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ACADEMICS

Lincoln High School, Class of 2XXX

GPA: 4.00 unweighted; 4.19 weighted

ACT: 34 (Composite); 30 (Math); 34 (Science); 35 (English); 36 (Reading); 8 (Writing)

National Honors Society Member

LEADERSHIP

Sisters of Color, *Co-President / Member*, (9th-12th)

- Participate in this organization that creates a safe and empowering environment for women of color and inspires ambition, inclusivity, and freedom of expression.
- Selected to serve as VP during my junior year and am currently responsible for organizing and facilitating meetings.
- Helped assemble and promote Lincoln's grocery gift card drive for PPS families in need of food assistance.
- Presented information and initiated dialogue about mental health in communities of color for LHS' Wellness Fair.

Pacific Islander Student Union, *President / Member*, (9th-11th)

- Appointed to serve as President during my junior year and am currently responsible for organizing/facilitating meetings and recruiting members.
- Attended a collaborative seminar hosted by the Pacific Climate Warriors about equitable climate justice.
- Contributed insight and ideas to articles about social justice for the school newspaper.

Key Club, *Vice President / Member*, (10th-12th)

- Selected to serve as VP during my junior year and am currently responsible for maintaining consistent communication with Division 62's Lieutenant Governor.

Equity Council, *Member*, (11th)

- Successfully applied to be a part of this board that aims to address inequities and injustices, specifically relating to race, at Lincoln with a restorative justice approach.
- Worked on creating preventative measures to center and support BIPOC students, as well as resolve conflict between different groups within the school.

HISTORY AND POLITICS

Lincoln High School Alumni Archives, *Archive Volunteer / Intern*, 40 hours, (10th-12th)

- Responsible for assisting the lead archivist with various tasks such as entering data into the Past Perfect Museum software.
- Innovate ways to make Lincoln High School's history more accessible to the general public.
- Organize donations, documents, and other historical artifacts.

Model United Nations, *Member*, (9th-12th)

- Researched global issues such as access to education, the refugee crisis, and antibiotic and antifungal resistant superbugs.
- Represented countries including Somalia, Finland, and Italy during the annual Oregon MUN conference.

Puño y Letra, *Contributor*, (11th)

- Wrote an article for my school's Spanish-language publication.
- Researched and authored a piece about environmental racism and climate change's impacts on communities of color, as well as environmental organizations whose work prioritizes marginalized groups.

ACTIVISM

LHS' Black Lives Matter Week of Action, Organizer, (11th)

- Enabled dialogue about race, violence against Black people, and the Black Lives Matter Movement as the organizer of this week-long event at my high school
- Led workshops about the importance of queer-affirming/trans-affirming antiracist activism.
- Led an affinity group for non-Black people of color where we discussed anti-blackness in communities of color.

Asian Pacific American Network of Oregon (APANO), Phonebanker, (11th)

- Made calls advocating for the Measure 26-218 Let's Get Moving Campaign during the 2020 election cycle.
- Educated voters about the importance of accessible infrastructure and transportation for previously red-lined communities in Portland.

American Civil Liberties Advocacy Institute, Summer Participant, (11th)

- Participated in a simulation dealing with how the First Amendment operates in higher-level education in today's current political and social climate.
- Attended various electives related to social justice topics such as Indigenous justice advocacy, ending the death penalty in the United States, and the movement to defund the police.
- Engaged in discussions surrounding current initiatives of Oregon's ACLU branch.

PERIOD, Volunteer, (10th)

- Participated in this organization that fights against period poverty and the stigmatization of menstruation through advocacy and service.
- Packed menstrual products and wrote uplifting cards for people struggling with period poverty during the COVID-19 pandemic.

EMPLOYMENT

Jo Bar & Rotisserie / Papa Haydn West, Hostess, (12th)

- Responsible for making reservations and organizing seating arrangements based on party size and patron requests.
- Greet patrons and escort them to their assigned tables.
- Answer phone calls and relay messages to various restaurant team members.
- Assist with bussing responsibilities, which include wiping down/sanitizing tables and setting them up for future patrons.

Steven Scientific

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ACADEMICS

Sunset High School, Class of 2XXX
Portland State University Challenge Program
GPA: 4.486 weighted; 4.00 unweighted
SAT: 1570 (R/W: 790; M: 780); SAT Subject Tests: Math II: 800
National Merit Scholarship Semifinalist
National Honor Society Member (11th-12th); Scholar Athlete (9th-12th)

ATHLETICS

Varsity Swimming, *Captain / Team Member*, (9th-12th)

- 1st Team 400 yd Freestyle Relay; 2nd Team 100 yd Backstroke; 2nd Team 200 yd Medley Relay; 2nd Team 200 yd Freestyle Relay
- OSAA 6A Boys 400 yd Freestyle Relay - 2nd Place; OSAA 6A Boys 200 yd Freestyle Relay - 3rd Place; OSAA 6a Boys 200 yd Medley Relay - 9th place

Tualatin Hills Swim Club, *Team Member*, (9th-12th)

- Competed at meets including: 2019 Northwest Age Group Regionals; 2019 Western Region Summer Speedo Sectionals meet; 2021 Four Corners Spring Speedo Sectionals ; 2021 Speedo Summer Sectionals
- Achieved a Tualatin Hills Swim Club team record in the LCM 400 Medley Relay
- 2018 & 2019 OSI Top 5 Swimmer

OSI (Oregon Swimming Inc.), *Club Representative*, (10th-12th)

- Represented Tualatin Hills Swim Club at OSI meetings; participated in leadership summit
- Led groups in team-building activities to foster cooperation, positivity, and team spirit

2018 Oregon Zone Team, *Member*, (9th)

- Chosen to join a selective team to compete at the Western Zone Age Group Championship

2019 Oregon All Star Team, *Member*, (9th)

- Chosen for a team of 8 male, ages 13-14, swimmers to compete at Pacific Coast All-Star Meet
- Awarded Swimmer of the Day for enthusiasm, support of teammates, and determination

SCIENCE

Christina Lancioni Pediatric Research Lab (OHSU), *Intern*, (12th)

- Worked a paid internship in the Lancioni Lab at Oregon Health & Science University (<https://www.ohsu.edu/doernbecher/christina-lancioni-pediatric-research-lab>)
- Gained valuable experience in database navigation, literature reviews, data manipulation, statistical analysis, and scientific writing.
- Conducted a literature review on the interplay between cannabis, immunity, and HIV
- Used Excel and GraphPad Prism to analyze and visualize data collected for a study on the influence of cannabis use on the cytokines and cellular activity of people living with HIV.
- Attended and presented at weekly lab meetings.

Tests of Engineering Aptitude, Mathematics, and Science, *Competitor*, (10th-11th)

- Collaborated with a team of 4 to develop practical, creative ways (by applying math and science skills) to solve real-world engineering challenges
- Conducted research; wrote an in-depth essay evaluating a current problem proposing a solution
- Awarded 2nd place in the state competition

Partnership for Scientific Inquiry, *Student*, (11th)

- Successfully applied to this program held at the Oregon Health & Science University
- Attend weekly lectures to learn about ongoing research projects conducted by OHSU scientists
- Examined different scientific, translational, and clinical research approaches
- Learned how to navigate research databases, how to read research articles, how to create proper citations, how to facilitate a journal club, and how to develop a research proposal
- Wrote a research proposal and presented a corresponding slideshow to a class of 45 students
- Mentored by Dr. David Huang, M.D., Ph.D. to review the bias toward increased false positive glaucoma classification by optical coherence tomography in eyes with refractive errors

DNA Day Essay Competition, *Author*, (11th)

- Wrote an essay about genetic diversity in GWAS; awarded an honorable mention in the international DNA Day essay contest

George Fox University High School Programming Contest, *Competitor*, (11th)

- Competed with a team to quickly solve challenging programming problems
- Strengthened programming, problem-solving, and communication skills

ID Tech Camp, *Student*, (9th-10th, 11th-12th Summers)

- Studied how to code projects in Java at Lewis and Clark College and solved programming challenges with logic and coding skills
- Learned advanced Python programming skills, explored basics of TensorFlow, machine learning models, training data, hashing algorithms, and cryptography

LEADERSHIP

Amnesty International, *Founder / Co-President*, (11th-12th)

- Founded Sunset High School's chapter of Amnesty International to developed educational lessons and materials for students to learn more about human rights
- Organized fundraisers, events, and campaigns, including a campaign to write solidarity letters and appeal letters to and on behalf of individuals facing human rights violations.
- Led a lobbying campaign to encourage Congress to pass the Break the Cycle of Violence Act

buildOn, *Secretary*, (11th)

- Collectively raised over \$31,000 as a community team to build a school in Malawi
- Assembled and delivered care packages for unhoused residents in the Portland-Metro area

Red Cross, *Committee Lead*, (11th)

- Organized fundraisers, service projects and gave presentations at meetings
- Encouraged members to give back to the community by participating in service opportunities

Link Crew, *Link Leader*, (11th-12th)

- Developed team-building activities and communication lessons for freshmen
- Met with a group of freshmen every week to introduce new school activities
- Led tours and introduced incoming freshmen to Sunset High School during orientation

ACTIVITIES

National History Day, *Participant*, (10th)

- Collaborated with a team of peers to research a historical topic, develop a line of inquiry, create an exhibit, and write a process paper; awarded 1st Place Senior Group Exhibit at State
- Competed at the National History Day national contest

Wharton Global High School Investment Competition, *Team Member*, (10th)

- Collaborated with a team to learn about risk, diversification, company analysis, industry analysis, and investing
- Examined a client profile and utilized acquired skills to develop an investment strategy to meet the client's short- and long-term investment goals
- Participated in an online investment simulation to explore the world of stocks and strategies
- Composed a team review and a comprehensive final investment report

Project Lotus, *Leader*, (10th-11th)

- Helped to lead Project Lotus, a nonprofit organization aimed at destigmatizing mental health in Asian-American communities by tackling the model minority stereotype through culturally-relevant education for the community and the empowerment of voices
- Designed social media graphics; wrote and edited blog articles with educational lessons
- Hosted several webinars with mental health professionals for parents of Asian-American youth
- Launched a podcast to discuss mental health topics and experiences with peers, mental health professionals, entrepreneurs, and celebrities
- Helped to organize a COVID-19 relief food drive for the community, bringing in over 1,000 non-perishable food items to donate to the Sunshine Food Pantry

Scholastic Art & Writing Awards (10th)

- Applied techniques learned in Graphic Design class and own practice to create unique art pieces
- Awarded 2 Honorable Mentions in the Art Design category; awarded an Honorable Mention in the Art Mixed Media category

Key Club, *Member*, (9th-10th)

- Participated in fundraisers and community volunteering opportunities

Arnold Air Force

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ACADEMICS

Junipero Serra High School, Class of 2XXX

GPA: 4.69 weighted; 4.0 unweighted

Class Rank: 2 / 313 students

ACT: 35 (36 English; 35 Math; 34 Reading; 35 Science; 9 Writing)

SAT II: Math - 800; Physics - 800

AP Coursework: AP Physics 1: Algebra-Based (5); AP Physics C: Mechanics (5); AP Computer Science (5); AP World History (5); AP English Language and Composition (5); AP Calculus AB (5); AP Biology (5)

LEADERSHIP

Naval JROTC, Platoon Commander, (11th)

- Facilitated physical training, uniform inspections, drill, and other class activities.
- Taught cadets stationary, unarmed, and armed drill as both a squad and a platoon, as well as the proper wearing of their uniforms.
- Developed the leadership ability of Squad Leaders by mentoring them as they prepared for the squad drill competition.

Naval JROTC, Academic Team, (10th,11th,12th)

- Compete in academic competitions featuring both naval knowledge and scholastic knowledge.
- Won third place in the Brigade Academic League Competition in both 2019 and 2020.

CyberPatriot, Commander, (10th-12th)

- Achieved Platinum tier in the CyberPatriot competition.
- Organized a team of 5 to practice different specialties for the competition, and execute the competition in an orderly fashion.

Varsity Academic League, Captain / Member, (10th-12th)

- Won first place in League Competition.
- Studied daily to prepare for weekend tournaments and individual league matches.
- Led team throughout competition, encouraging all members to participate.

Physics Club, President, (11th)

- Revived the Physics Club from an abandoned state, seeking out and inviting individuals interested in physics at my school.
- Learned and practiced more complicated mechanics in order to compete in the $F=ma$ physics competition.

AP Physics, Teacher's Assistant, (11th)

- Tutored students to facilitate their preparation for the AP Physics exam.
- Aided the teacher in classroom activities.

Lionheart Fencing Academy, Junior Coach, (12th)

- Attend youth classes twice a week to assist coaches in teaching fencing.
- Administer private lessons to junior students attending youth classes.
- Encourage excellence in the students I teach.

ATHLETICS

Lionheart Fencing Academy, Epee Student, (9th-12th)

- Practiced regularly with classes, private lessons, and bouts.
- Competed in a variety of local, regional, and national tournaments.
- Competed in Junior Olympics in Memphis, Tennessee.
- Competed in Div II/III Men's Epee Nationals, in Columbus, Ohio.

Historical European Martial Arts, Junior Coach, (9th-12th)

- Maintained the safety of individuals in attendance.
- Mentored young children in Medieval sword work as Chivalrous conduct.

AWARDS

National Sojourners Award, *Winner, (11th)*

- Received this award for top academic achievement in NJROTC year two.
- Selected out of the entire NJROTC battalion.

Association of the United States Army JROTC Medal, *Winner, (10th)*

- Received this award for top academic achievement in my naval science level.
- Selected out of the entire NJROTC battalion.

Leadership Chord, *Awardee, (11th)*

- Selected to attend Leadership Academy at Camp Pendleton for NJROTC.
- Graduated week-long program, passing drill test, academic test, personnel inspection, and fitness assessment.

SERVICE

Food Drive, *Volunteer, (10th-11th)*

- Collected donations of non-perishable food that I donated to the Food Drive.

Kiwanis Club OktoberFest, *Volunteer, (11th)*

- Set up the festival by installing fencing, placing tables and chairs, and preparing the food station.

Ascension Catholic Parish Fiesta, *Booth Manager, (9th,11th)*

- Hosted the ring toss booth at the Fiesta, collecting tickets and distributing prizes.

Science Field Day, *Curriculum Author, (11th)*

- Created a curriculum for the purpose of practicing and preparing for the Science Field Day (a 4th and 5th grade science competition).